Beach Cities Cycling Club, South Bay Policy Document Rev 01-25-2024

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Posting to BCCCSB Facebook Page

Approved 01-25-2024, Rev 1

The Beach Cities Cycling Club, South Bay (BCCCSB) private Facebook page is for BCCCSB members in good standing to post Club related message such as the following:

- a) BCCCSB sponsored and member organized rides
- b) Road and bike path conditions
- c) BCCCSB Social events
- d) 3rd party organized rides
- e) Legislation related to cycling, transportation, or infrastructure
- f) Other cycling or athletic related topics (e.g., Triathlons, etc.)
- g) Photos of members wearing BCCCSB logo clothing and photos at other cycling events doing different activities
- h) Member owned bicycle related items for sale

Topics not directly related to the BCCCSB Facebook posting policy may be removed at the Moderators discretion.

Political postings, incivility, insults, acrimony, gratuitous sarcasm and personal attacks on BCCCSB members or others are not acceptable and will result in the members comment being removed and the member given a warning. Repeated violation of this policy may result in the member being temporarily or permanently suspended from the BCCCSB Facebook account and could face possible disciplinary action by the BCCCSB Board.

Facebook Page, Addition and Removal of Access Approved 01-25-2024

Current BCCCSB members and their non-riding spouses, partners, and significant others (non-members) may request to join the BCCCSB private Facebook page and will be required to follow the approved BCCCSB Facebook Posting Policy.

When a member fails to renewal their BCCCSB membership they and their spouse may be removed at the discretion of the BCCCSB Board.

Damaged Helmet Replacement Approved 01-25-2024

If a current BCCCSB member damages their helmet due to an accident while on a club sponsored and lead ride, they may request a reimbursement of up to \$50 towards a new bike "MIPS Approved" or equally protective technology like Bontrager's WAVE-CEL helmet.

Within 30-days of the accident, the member needs to e-mail their new helmet purchase receipt and date of the accident, to the Club Treasurer requesting reimbursement up to the maximum allowed per this policy.

Exceptions to this policy must be approved by the BCCCSB Board.

30-Day Membership Refund Approved 01-25-2024

Within 30-days of joining BCCCSB the new member feels the club is not a good fit for them, they can request the BCCCSB Treasurer issue a membership refund back to their credit card. All that is required is an e-mail from the new member requesting the membership refund within 30-days of signing up. There is no financial risk in trying out the club for 30-days to see it they like it.

Exceptions to this policy must be approved by the BCCCSB Board.

Use of E-Bikes on BCCCSB Rides Approved 01-25-2024

The Club allows the use of pedal-assist Class 1, 2 & 3 electric bikes (e.g., E-Bikes) on club rides. Throttle assist power (i.e., not pedaling) on Class 2 E-Bikes is not allowed. E-Bikes are expected to be operated and pedaled in the same manner as a typical manual/human powered bike. The riding behavior of the E-Bike rider should be indistinguishable from that of a manually propelled bicycle.

Club Ride Definition Approved 01-25-2024

- 1. It is conducted and supervised by the club and shall have a ride leader.
- 2. It is open to all club members in good standing (dues current, liability waiver signed) at no cost.
- 3. It is posted in advance on at least one of the following locations: the Club ride calendar, the Club website, the Club newsletter, or information is sent out by email to all club members.
- 4. If riders leave the group ride, to take a different route home for example, those persons shall be deemed to be no longer on the club ride; from the point they depart the club ride they are outside the coverage of the club's insurance policy.
- 5. Club members doing a private, invite only rides are not on a "Club Ride" and will not be covered by the Club's insurance.

Youth Membership Approved 01-25-2024

- 1. Children 16 years and older may become members and participate in club activities when: (a) accompanied by a parent or guardian in the same riding group; and (b) with a parent/guardian signed written (e.g., paper) waiver on file with the club.
- 2. The adult member accompanying the child is responsible for ensuring the minors safe group riding practices.
- 3. Minors who cannot demonstrate safe group riding practices, as determined by the Ride Leader, will not be allowed to participate in future BCCCSB club rides.

Ride Leader Requirements and Responsibilities

Approved 01-25-2024

Leading a ride is more than just setting the pace and following a cue sheet. It's about taking responsibility for the group of cyclists and doing your utmost to achieve a safe and pleasant ride experience.

- a) Becoming a Ride Leader
 - 1. Be an Active Member (average 2 or more club rides per month) for three months
 - 2. Have the recommendation of a BCCC Ride Leader, Ride Director, or club officer.
 - 3. Make a commitment to lead four rides per year of their choosing.
 - 4. Complete BCCCSB's Ride Leader Training Class (training video and mentor rides)
- b) Maintaining Ride Leader status
 - 1. Lead minimum of four rides per year,
 - 2. Attend monthly Ride Leader meetings, second Wednesday of each month.
 - 3. Suggested but not mandatory training:
 - i. First Aid and CPR certifications
 - ii. The club will endeavor to sponsor formal training sessions or reimburse preapproved training

Business Member Benefits Approved 01-25-2024

Beach Cities Cycling Club, South Bay Business Members are entitled to the following benefits:

- 1. A Business Member may submit a 100 word or less, one to two paragraph description of their company and services they provide for posting to the Business Member section of the BCCCSB webpage and in the weekly newsletter.
- 2. The company logo will be listed at the bottom of the weekly BCCCSB newsletter.
- 3. Each week one Business Member will be featured in the BCCCSB newsletter.
- 4. At BCCCS Social Functions, all Business Members will be acknowledged and thanked for their support.
- 5. The business owner will have one vote in all matters that come before the membership.
- 6. Exceptions to this policy must be preapproved in advance by the BCCCSB Board.

Use of Electronic Devices While on a Club Ride Approved 01-25-2024

Talking on the phone while holding it in your hand while riding is an unsafe and prohibited behavior. The use of "handsfree devices", although not recommended is acceptable. Even while using handsfree devices, the rider's full attention is not on the road and important communication between riders (e.g., slowing, stopping, debris, on your left, etc.) could be affected leading to an accident.

For true emergency calls that require immediate attention, the rider should notify the Ride Leader or another rider (if possible) they need break away from the group to take an emergency phone call and then pull over to a safe area to stop and take the phone call. The rider can meet up with the group at the next regroup point. Routine phone calls should be allowed to go straight to voicemail and NOT answered while riding a bike on a club ride.

If earbuds are use, one ear must be always uncovered. Bone conductions earphones by both ears are acceptable on club rides. Playing music through earbuds while on a club ride in not advised as it interferes with communication between riders and does not allow the rider to hear critical sounds (e.g. approaching car) that may affect their safety.

The use of hand held "Selfie Sticks" to take photos is not allowed while riding as it distracts the rider's full attention from safely riding the bike and can endanger others nearby riders.